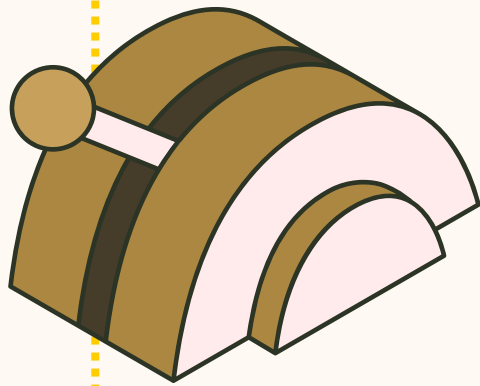


# Cannabis Hyperemesis Syndrome (CHS) Tool

CONNECTING YOUTH TO RESOURCES



## EDUCATIONAL NURSING DIAGNOSIS



Knowledge deficit related to the causes, signs and symptoms, associated risks and treatment of CHS

Ineffective mental health coping

Readiness for participation in health management

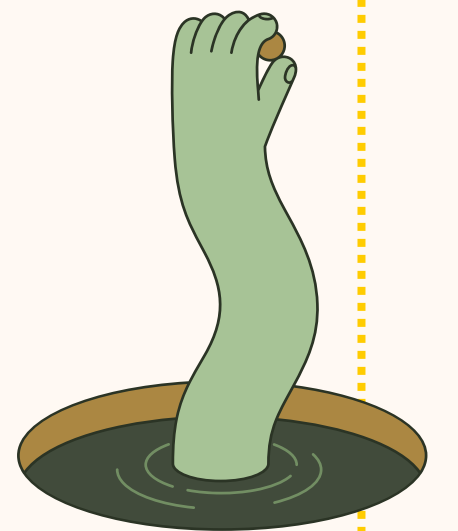
Constructed with assistant from Nanda Diagnoses (n.d.)

## WHY INSTAGRAM?

83% of people between the ages of 18-49 in the US visit Instagram daily (Holtzman et al., 2023)

95% of teens having smart phones (Smith & Anderson, 2018)

Rapid spread across social media for example: Black Lives Matter and Me Too movements (Merchant, 2021)



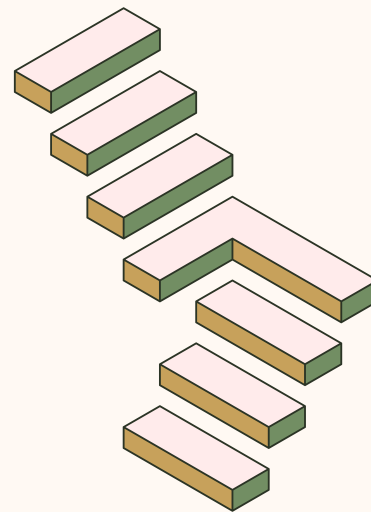
## STRENGTHS

Accessibility

Platform

Anonymity

Education & Awareness



## LIMITATIONS

Accessibility

Geography

Privacy - guardians

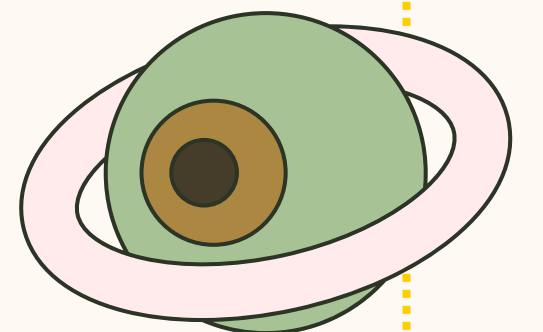
Resource availability

## SUCCESS WITH THIS TOOL



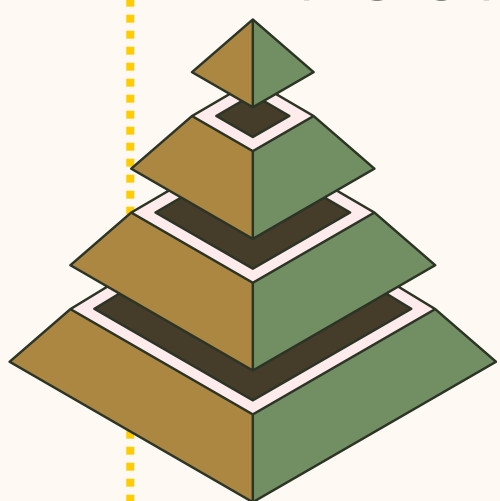
- Informatics (Stellefson et al., 2020)
- Program completion
- Rewards statistics
- Emergency room data

## STRATEGIES



- Reward and games
- Self-referral
- Usage of Instagram as delivery method
- Introduction of tools through Kelty Mental Health and The Foundry

## THEORETICAL FOUNDATION



Piaget's Theory - metacognitive rewards-based approach (Plass et.al., 2015)

Erikson's theory - identity versus role confusion (Spear & Kolbok, 2004)

## SCAN THE QR CODE

See References & Appendices

